## NEBOSH International General Certificate IG2 Week 2: Elements 5–11 Helicopter Plan



Day 1	<ul> <li>Introductions</li> <li>Housekeeping</li> <li>Introduction to Elements 5-11 and the topics</li> <li>Introduction to the Practical Assessment</li> <li>Overview of IG2</li> </ul>	B R E A K	<ul> <li>Element 5: Physical and Psychological Health (5.1, 5.2)</li> <li>Introduction to the IG2 practical assessment case study and case study exercises</li> </ul>	B R E A K	Case study Exercise 1: Part 1     Element 5: Physical and     Psychological health (5.3, 5.4)		<ul> <li>Element 5: Physical and Psychological Health (5.5, 5.6)</li> <li>Review of day and homework setting</li> </ul>
Day 2	<ul> <li>Introduction</li> <li>Plan for the day</li> <li>Review of Day 1</li> <li>Element 6: Musculoskeletal Health (6.1)</li> </ul>		<ul> <li>Element 6: Musculoskeletal Health (6.2)</li> <li>Introduction to The IG2 risk assessment</li> </ul>		Case study Exercise 2: Part 2     Element 6: Musculoskeletal     Health (6.3)	B R E A K	<ul> <li>Element 7: Chemical and Biological Agents (7.1, 7.2)</li> <li>Review of day and homework setting</li> </ul>
Day 3	<ul> <li>Introduction</li> <li>Plan for the day</li> <li>Review of Day 2</li> <li>Element 7: Chemical and Biological Agents (7.3, 7.4)</li> </ul>		<ul> <li>Element 7: Chemical and Biological Agents (7.5)</li> <li>IG2 risk assessment continued</li> </ul>		<ul> <li>Case study Exercise 3: Part 2 continued</li> <li>Element 8: General Workplace Issues (8.1, 8.2)</li> </ul>		Element 8: General Workplace Issues (8.3, 8.4)     Review of day and homework setting
Day 4	<ul> <li>Introduction</li> <li>Plan for the day</li> <li>Review of Day 3</li> <li>Element 8: General Workplace Issues (8.5, 8.6)</li> </ul>		<ul> <li>Element 8: General Workplace Issues (8.7)</li> <li>Element 9: Work Equipment (9.1)</li> <li>Introduction to IG2 prioritisation and justification</li> </ul>		• Case study Exercise 4: Part 3 • Element 9: Work Equipment (9.2)		<ul> <li>Element 9: Work Equipment (9.3, 9.4)</li> <li>Review of day and homework setting</li> </ul>
Day 5	<ul> <li>Introduction</li> <li>Plan for the day</li> <li>Review of Day 4</li> <li>Element 10: Fire (10.1, 10.2)</li> </ul>		<ul> <li>Element 10: Fire (10.3, 10.4)</li> <li>Introduction to IG2 review, communicate and check</li> </ul>		• Case study Exercise 5: Part 4 • Element 11: Electricity (11.1)		Element 11: Electricity (11.2)     Review of the IG2 practical assessment     Review of the week